

Family Connection's Adventure Based Program:

Since 1976, Family Connection has provided youth and family counseling, intervention, and youth related services. The agency has expanded its programming to include Adventure Based Teambuilding.

Family Connection Offers:

- Inspected and Certified Challenge Course
- Trained & Experienced Facilitators
- Activities Field
- Pavilion
- Meeting Room

The meeting room and pavilion provide adequate space for breaks and meals. No food will be provided by the agency.

ATTIRE:

- All participants must wear weather appropriate clothing for outdoors (knee length shorts or jeans are recommended).*
- Tennis shoes or hiking boots are required.*
- NO jewelry which includes rings, earrings, watches, bracelets, etc.*
- Cell phones are NOT permitted.*

Begin your Adventure Today!



Contact:

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“Challenge By Choice”



Adventure Based Teambuilding

At Family Connection in
Alabaster, AL

An Experience of a Lifetime

Adventure Based Teambuilding

Adventure Based Teambuilding takes people and places them in situations where their heart beats faster, and their adrenaline flows non-stop. As a result, they grow both personally and as a group. By utilizing recreational activities and low element challenges, participants put trust into action. No one is forced to do anything, but a well-planned program gradually leading from one step to the next encourages the outward expression of trust by the participants.



No prior skills, experience, or knowledge is required. It does, however, demand a sharing of common purpose among participants. The group plays both an active and supportive role throughout the challenge experience. Individuals discover they can bond together by their own uniqueness. Not everyone needs to be physically strong or a genius. The unique talents of each individual and group cooperation fosters success.

Your Group's Experience Will:

- Foster Cooperation/Teamwork
- Develop Communication Skills
- Create Leadership Skills
- Build Trust/Cohesion
- Teach Decision-Making Skills
- Demonstrate Goal Setting

A Day of Adventure

Your Adventure Based Teambuilding experience can be designed to meet the best needs of your group.



PRICING GUIDE

Half Day Challenge

\$20.00 per person - minimum cost of \$200.00

Full Day Challenge

\$30.00 per person - minimum cost of \$300.00